

## **Examination of Conscience, ages 7 - 10**

1. Do I say my morning and night prayers with real purpose, and do I try to think of God at different times throughout the day? Do I pay attention at Mass, especially at the Consecration, when the priest is changing the bread and wine into the Body and Blood of Christ?
2. Have I made my parents, teachers, and other adults unhappy by my behavior? Am I disobedient to them?
3. Do I understand that my job is to do my school work and my chores at home? Do I look for ways to get out of doing these things, or do I do them poorly?
4. Do I set a bad example for my brothers, sisters, or friends by my bad attitude or actions?
5. Do I get carried away by bad moods and get angry without any real reason?
6. Do I have a bad habit of always thinking of myself first? Do I have to be in line first or always win a game? Do I think I should be able to go wherever I want to go or get all the food I like, whenever I want?
7. Am I selfish about my things? Do I dislike sharing with my brother or sister?
8. Do I always whine and complain when I am sick or hurt?
9. Do I wait to be asked or told to do something instead of offering to help?
10. Do I hide the truth or tell a lie to get out of trouble, or just because it's "fun."